

Gluten Free Menu

— Starters —

Crab Cocktail

Colossal lump crab meat served with tangy cocktail sauce

Pappas' Wings

Ten of the most plump wings in town, tossed in your choice of BBQ, Buffalo, Chesapeake spices, Lemon Pepper, or try our Extra Spicy Buffalo

Garlic Shrimp

½ lb. sautéed with fresh garlic and red peppers in brandy garlic sauce

Asparagus Au Gratin

Jumbo asparagus topped with grated parmesan cheese and baked to perfection

1 lb. Steamed Shrimp

Featuring Pappas Seafood Co. patented blend of seasoning - Mild • Medium • Hot

— Homemade Soup & Salads —

Maryland Crab

The Pappas

A Greek salad topped with house-marinated chicken

The Caesar

Romaine with parmesan in creamy Caesar
Add Chicken | Add Seafood

The Greek

A mix of iceberg and romaine lettuce tossed with pepperoncinis, tomatoes, feta cheese, Kalamata olives, cucumbers, onions, hard-boiled eggs and house dressing

The Cobb Salad

Spring mix with tender grilled chicken, hard-boiled eggs, avocado, bacon, tomatoes and shredded cheese

The Southwestern

Boneless grilled chicken breast served over mixed greens tossed with shredded cheddar jack cheeses, pico de gallo and crunchy tortillas

The Wedge

A crisp iceberg lettuce wedge topped with crumbled bacon, tomatoes, shredded cheddar cheese and bleu cheese crumbles

The Lo Mein Ahi Tuna*

Mixed greens tossed with lo mein noodles, julienne peppers, walnuts, onions, carrots with blackened, rare Ahi Tuna and sweet-chili cilantro vinaigrette

The Garden

Iceberg lettuce, tomatoes, red onions, cucumbers and bell peppers

Dressings: Ranch, Bleu Cheese, Caesar, Balsamic Vinaigrette, House, French, Light Italian, Honey Mustard, 1000 Island

— Italian Specialties —

We proudly offer Gluten Free Pasta!
Served with a garden salad

Step 1: Pasta - Penne

Step 2: Choose your sauce

Ala Pappas | Ala Vodka
Alfredo | Fra Diavolo
Marinara | Meat Sauce | Milan

Step 3: Optional Additions

Shrimp | Scallops | Crab Meat
Seafood Combo | Chicken



*Consuming raw or under cooked meats, seafood, poultry or eggs can increase your risk of food borne illness, especially if you have certain medical conditions. Pappas is not a certified Gluten Free environment, the chance of any cross contamination due to airborne flour does exist.

Gluten Free Menu



— Crab Cake Territory —

Crab Cake Platter

World Famous Crab Cake,
with two sides of your choice

Featured on the cover of Baltimore Magazine!

Double The Pleasure

Our famous crab cake ~ X2!
Enjoy two of our delicious crab cakes with
two sides of your choice



— Land & Sea —



Pappas uses only the finest, hand-selected and hand-cut Certified Angus Beef® steaks

The Rib Eye*

14 oz. melt in your mouth steak, cooked to perfection.
Served untrimmed to lock in natural flavors and juices

Filet Mignon*

8 oz. center-cut steak, grilled to your liking

Bay & Turf*

16 oz. of perfection! Our famous 8 oz. colossal crab cake
served alongside our tender 8 oz. filet

New York Strip Steak*

14 oz. Strip loin grilled to your liking

Grilled Flat Iron*

10 oz. flat iron seasoned with mouth-watering
Montreal spice rub, then grilled and sliced before
being presented at your table!

Western Deluxe, The Perfect Topping for your Steak!

Fresh bell peppers, onions and mushrooms
sautéed in a tasty brown sauce

Grilled Pork Chops*

Two of the most tender chops, rubbed with our
Montreal spice rub and grilled to perfection

Baby Back Ribs

A FULL rack of fall off the bone tender pork ribs smothered
in our sweet and tangy Jack Daniels BBQ sauce

Rack of Lamb

Succulent New Zealand lamb grilled to your liking, served
with a garlic rosemary sauce

Grilled Chicken and Shrimp

A combination of tender chicken and shrimp sautéed
with garlic, spring onions and prosciutto in a pink sauce with
a touch of vodka, served with gluten free penne pasta

Grilled Veal Medallions

Tender veal grilled served over assorted grilled vegetables
with bleu cheese crumbles

Fresh Atlantic Salmon*

10 oz. fresh Atlantic salmon fillet
grilled or broiled to perfection

Stuffed Orange Roughy

A flaky white fillet broiled with lemon and herb butter
stuffed with Imperial crab

Crab Imperial

Colossal lump crab meat blended in our secret recipe, finished
with Imperial sauce and baked until golden brown

Broiled Scallops*

Sea scallops broiled with delicious herbed lemon-butter

Pappas' Seafood Platter* [Broiled or Fried]

The perfect combination prepared to your liking!
Crab cake, two scallops, orange roughy fillet, two shrimp,
two clam casino and our jumbo fried oyster

Stuffed Shrimp

Three jumbo shrimp, butterflied, seasoned,
and stuffed with our lump crab imperial

Choice of two sides

Fries • Mashed Potatoes • Baked Potato • Applesauce • Cole Slaw • Rice Pilaf •
Vegetable of the Day • Side Salad • Asparagus can be purchased a la carte

— Platters —

Shrimp Salad

Creamy shrimp salad served with
French fries and homemade coleslaw

New York Strip Steak Sandwich

8 oz. steak served with fries and creamy coleslaw

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